



Nutritional Information

Battered Haddock

Test	Per 100g	Per Portion
Energy (KJ)	692	909
Energy (Kcal)	165	217
Fat (g)	6.5	8.5
Carbohydrate (g)	4.4	5.8
Protein (g)	22.2	29.2
Total Sodium (mg)	160	210

Portion weight 131.4g



Report issued and authorised by:
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